

Tasha M. Nienow

Veterans Affairs Health Care System
One Veterans Drive 116A
Minneapolis, MN 55417
Phone: (612) 467-1004
Email: Tasha.Nienow@va.gov

Education

- Ph.D.** Clinical Psychology, Adult Psychopathology specialization,
Kent State University, 2004
- M.S.** Experimental Psychology, Villanova University, 1997
- B.A.** Psychology, *summa cum laude*, University of Minnesota, Minneapolis, 1993

Internship and Fellowships

Postdoctoral Fellowship, “*Psychological Research on Schizophrenic Conditions*,”
Institutional NRSA Training Grant, NIMH (T32-MH14584), University of California, Los
Angeles, Department of Psychology, 2005-2007.

Postdoctoral Fellowship, “*Intervention Training for the Psychoses*,” Institutional NRSA
Training Grant, NIMH (T32-MH20059), University of California, Los Angeles, Department
of Psychiatry, 2004-2005.

Predoctoral Internship, Major Mental Illness track, UCLA Neuropsychiatric Institute and
Hospital, (APA accredited), 2003-2004.

Licensure

Board Certified Psychologist, State of California, License Number 21073
Board Certified Psychologist, State of Minnesota, License Number 5256

Professional Positions

Assistant Professor, Department of Psychiatry, University of Minnesota Medical School,
Minneapolis, MN, 2007-present.

Psychologist, Family Psychoeducation Program, Severe and Persistent Mental Illness
Team, Veterans Affairs Health Care System, Minneapolis, MN, 2007-present.

Honors and Awards

Lillian Friedman Award, 2003

Awarded annually to one graduate student at Kent State University who demonstrates outstanding potential for scholarship and research in the mental health field.

Dissertation Research Award, 2002

The Science Directorate of the American Psychological Association grants approximately 50 awards annually to students whose dissertation research reflects excellence in scientific psychology.

Applied Psychology Center Research Award, Kent State University, 2002

Applied Psychology Center Travel Award, Kent State University, 2001

Presentation Travel Funding Award, Graduate Student Senate, Kent State University 2000, 2001, 2002

Tuition Scholarship, Department of Psychology, Villanova University, 1994-1996

Dean's List, University of Minnesota, Minneapolis, 1991-1993

Research Grants

Principal Investigator, *Neuroanatomy of Recovery with Training in Patients with Schizophrenia*, Pilot grant funded by Minnesota Veterans Medical Research and Education Foundation, May 1, 2012-April 30, 2013.

Principal Investigator, *D6981R, Remediation of Working Memory in Patients with Schizophrenia*, Rehabilitation Merit Award funded from the Department of Veterans Affairs, January 2010-December 2013.

Principal Investigator, *Process and Outcome of Multiple Family Group Therapy for Patients with Schizophrenia and Bipolar Disorder*, Pilot grant awarded by Minnesota Veterans Research Institute, September 2008-September 2010.

Unfunded Research Activities

Principal Investigator, *Utilization and Accessibility of Family Psychoeducation Services in a Veteran Population*. Veterans Affairs Medical Center, Minneapolis, MN

Principal Investigator, *Relationship between Problem Solving and Perspective Taking and Social Functioning*. UCLA and Veterans Affairs Medical Center, Minneapolis, MN

Research Service

Grant Reviewer, Rehabilitation Research and Development Psychological Health and Social Reintegration Merit Review Committee, Department of Veterans Affairs, 2009-Present

Committee and Administrative Service

Member, Postdoctoral Fellow Selection Committee, Veterans Affairs Health Care System, Minneapolis, MN, 2008.

Member, Recovery Committee, Veterans Affairs Health Care System, Minneapolis, MN, 2007-2008.

Coordinator, Schizophrenia Journal Club, Veterans Affairs Health Care System, Minneapolis, MN, 2007-present.

Student Representative, Clinical Training Committee, Department of Psychology, Kent State University, Kent, OH, 1999-2000.

Ad Hoc Editorial Consultant

American Journal of Psychiatry
Biological Psychiatry
Journal of Abnormal Psychology
Comprehensive Psychiatry
Schizophrenia Bulletin

Psychiatry Research
Schizophrenia Research
Journal of Nervous and Mental Disease
Psychological Medicine

Professional Memberships

American Psychological Association

Society for Research in Psychopathology

Teaching Experience

Instructor, Department of Psychology, University of Minnesota, Twin Cities. Courses: Directed Research in Psychology (2009, 2010, 2011), Senior Project in Psychology (2010)

Undergraduate Research Supervisor, Departments of Psychiatry and Biobehavioral Sciences and Psychology, University of California, Los Angeles. Courses: *Directed Research in Psychiatry* (2006), *Research in Psychology* (2006), *Student Research Program* (2005-2006).

Instructor, Department of Psychology, Kent State University, Kent OH. Courses: *Psychological Assessment* (2003), *Intensive Writing in Psychology* (2003), *Quantitative Methods I* (2000-2001).

Consulting Experience

Training Specialist, Department of Veterans Affairs, 2010-2011

Provide training and supervision in multiple family group therapy to VA clinicians.

Clinical Training and Pre-Professional Employment

Postgraduate Researcher, Family Study of Schizophrenia, Department of Psychiatry and Biobehavioral Sciences, University of California, Los Angeles, 2006-2007.

Postdoctoral Fellow, Aftercare Research Program, a treatment research clinic for patients with a recent onset of schizophrenia, University of California, Los Angeles, 2004-2007.

Psychology Intern, Major Mental Illness track, Neuropsychiatric Institute and Hospital, University of California, Los Angeles, 2003-2004.

Psychology Extern, Nova Behavioral Health, Alliance, OH, 2002-2003.

Psychology Extern, Summit County Psycho-Diagnostic Clinic, Akron, OH, 2001-2002.

Teaching Assistant, Psychology Department, Kent State University, Kent, OH, 2000-2001

Clinical Research Assistant, MMPI-2 and Schizophrenia Laboratories, Department of Psychology, Kent State University, Kent, OH, 1998-2000.

Psychology Technician, Brain and Behavior Laboratory, Department of Neuropsychiatry, Hospital of the University of Pennsylvania, 1996-1998.

Presentations and Invited Talks

Nienow, T. M. (2012, May). *Impact of Multiple Family Group Therapy on Recovery from Psychiatric Disability*. Workshop presented at the United States Psychiatric Association's Annual Conference, Minneapolis, MN.

Nienow, T. M. (2012, April). *Treatment of Schizophrenia with Cognitive Remediation*. Seminar for the Schizophrenia Program staff within the Department of Psychiatry, University of Minnesota Medical School, Minneapolis, MN

Nienow, T. M., & Hart, A. M. (2011, May). *Family Psychoeducation: Supporting Families to Promote Recovery*. Presented at the evidence-based practice seminar for psychology interns at the Veterans Affairs Health Care System, Minneapolis, MN.

- Nienow, T. M., Hart, A. M., & Bailey, M.** (2011, April). *Demographic, Clinical, and Familial Characteristics Associated with Engagement and Completion of Family Psychoeducation Interventions*. Oral session at the International Congress on Schizophrenia Research, Colorado Springs, CO.
- Nienow, T. M.** (2011, January). *Family Services for Serious Mental Illness*. Presentation at the Psychology Brown Bag seminar at the Veterans Affairs Health Care System, Minneapolis, MN.
- Nienow, T. M. & Hart, A. M.** (2010, June). *Supporting Families to Promote Recovery: Ways to Meet the Needs of Families*. Workshop presented at the United States Psychiatric Association 35th Annual Conference, Boise, ID.
- Nienow, T. M.** (2010, May). *Working with People and Their Families to Promote Recovery*. Presented at the annual Wellness and Recovery Conference sponsored by the Consumer/Survivor Network and the Minnesota Chapter of the United States Psychiatric Rehabilitation Association, Minneapolis, MN.
- Nienow, T. M., & Hart, A. M.** (2009, November). *Family Friendly Services: Developing a Continuum of Care*. Presented at the Veterans Affairs Medical Center Psychiatry Grand Rounds, Minneapolis, MN.
- Glynn, S., McCutcheon, S., Adkins, J., Dausch, B., & **Nienow, T.** (2009, July). *Implementation of the Family Services Component of the Uniform Mental Health Services Package: Lessons from the Field*. Workshop presented at the 3rd Annual VA Mental Health Conference, Washington D.C.
- Nienow, T. M. & Hart, A.** (2009, June). *Intervening with the Family in the Treatment of Schizophrenia and Bipolar Disorder*. Workshop presented at the United States Psychiatric Rehabilitation Association 34th Annual Conference, Norfolk, VA.
- Nienow, T. M.** (2008, October). *Cognitive rehabilitation: A novel intervention in the treatment of schizophrenia*. Presented at the Third Biennial Schizophrenia Treatment Conference: Bridging Science to Clinical Care, Minneapolis, MN.
- Nienow, T. M.** (2008, October). *Family treatment for bipolar mood disorder*. Presented at the National Alliance on Mental Illness St. Cloud Chapter Annual Mental Health Conference, St. Cloud, MN.
- Nienow, T. M.** (2008, September). *Treatment of schizophrenia and bipolar disorder: Intervening with the family*. Presented at the Pre-Conference Institute on Earlier Treatment in Psychosis: Opportunity for Recovery and Prevention at the Minnesota Community Mental Health Conference, Duluth, MN.
- Nienow, T. M. & Hart, A.** (2008, April). *Family psychoeducation: Theory, research, and implementation*. Presented at the Department of Veterans Affairs VISN 23 Recovery Conference for local recovery coordinators, Minneapolis, MN.

Nienow, T. M., & Hart, A. (2008, February). *Treatment of severe mental illness: Intervening with the family*. Presented at the Veterans Affairs Medical Center Psychiatry Grand Rounds, Minneapolis, MN.

Nienow, T. M. (2007, December). *Exploring the pathway between cognition and social functioning in schizophrenia*. Presented at the Veterans Affairs Medical Center Psychology Brown Bag, a seminar for psychologists and psychology interns, Minneapolis, MN.

Harris, J. I., Hegeman, B., & **Nienow, T. M.** *The recovery model and SPMI programming*. (2007, October). Presented at the Veterans Affairs Medical Center Psychiatry Grand Rounds, Minneapolis, MN.

Nienow, T. M. (2007, May). *Social functioning in schizophrenia: Contribution of executive and theory of mind ability*. Presented at the Research Seminar on the Psychoses, Department of Psychology, UCLA.

Nienow, T. M. (2006, May). *Examining the relationship between neurocognition, social cognition, and functional outcome in schizophrenia*. Presented at the Research Seminar on the Psychoses, Department of Psychology, UCLA.

Nienow, T. M. (2005, October). *Coping with schizophrenia: Advice for family members*. Presented at the Aftercare Research Program Family Education Seminar, Department of Psychiatry, University of California, Los Angeles.

Nienow, T. M. (2005, January). *The role of neurocognition and affect recognition in social competence in schizophrenia*. Presented at the Research Seminar on the Psychoses, Department of Psychology, University of California, Los Angeles.

Manuscripts Published

Cohen, A. S., **Nienow, T. M.**, Dinzeo, T. J., & Docherty, N. M. (2009). Attribution biases in schizophrenia: Relationship to clinical and functional impairments. *Psychopathology*, 42, 40-6.

Dinzeo, T. J., Cohen, A. S., **Nienow, T. M.**, & Docherty, N. M. (2008). Arousability in schizophrenia: Relationship to emotional and physiological reactivity and symptom severity. *Acta Psychiatrica Scandinavica*, 117, 432-9.

Cohen, A. S., Alpert, M., **Nienow, T. M.**, Dinzeo, T. J., & Docherty, N. M. (2008). Computerized measurement of negative symptoms in schizophrenia. *Journal of Psychiatric Research*, 42, 827-836.

Nienow, T. M., Docherty, N. M., Cohen, A. S., & Dinzeo, T. J. (2006). Attentional dysfunction, social perception, and social competence: What is the nature of the relationship? *Journal of Abnormal Psychology*, 115, 408-417.

- Subotnik, K. L., Nuechterlein, K. H., Green, M. F., Horan, W. P., **Nienow**, T. M., Ventura, J., & Nguyen, A. T. (2006). Neurocognitive and social cognitive correlates of formal thought disorder in patients with schizophrenia. *Schizophrenia Research*, 85, 84-95.
- Nienow**, T. M., & Docherty, N. M. (2005). Internal source monitoring and communication disturbance in patients with schizophrenia. *Psychological Medicine*, 35, 1717-1726.
- Cohen, A. S., Dinzeo, T. J., **Nienow**, T. M., Smith, D. A., Singer, B., & Docherty, N. M. (2005). Diminished emotionality and social functioning in schizophrenia. *Journal of Nervous and Mental Disease*, 193, 796-802.
- Dinzeo, T. J., Cohen, A. S., **Nienow**, T. M., & Docherty, N. M. (2004). Stress and arousability in schizophrenia. *Schizophrenia Research*, 71, 127-135.
- Nienow**, T. M., & Docherty, N. M. (2004). Internal source monitoring and thought disorder in schizophrenia. *Journal of Nervous and Mental Disease*, 192, 696-700.
- Cohen, A. S., Docherty, N. M., **Nienow**, T., & Dinzeo, T. (2003). Self-reported stress and the Deficit syndrome of schizophrenia. *Psychiatry: Interpersonal and Biological Processes*, 66, 308-316.
- Docherty, N. M., Cohen, A. S., **Nienow**, T. M., Dinzeo, T. J., & Dangelmaier, R. E. (2003). Stability of formal thought disorder and referential communication disturbances in schizophrenia. *Journal of Abnormal Psychology*, 112, 469-475.
- Docherty, N. M., Rhinewine, J. P., **Nienow**, T. M., & Cohen, A. S. (2001). Affective reactivity of language symptoms, startle responding, and inhibition in schizophrenia. *Journal of Abnormal Psychology*, 110, 194-198.

Manuscripts Submitted

- Nienow**, T. M., Subotnik, K. L., Horan, W. P., Ventura, J., & Nuechterlein, K. H. *Cognitive and symptom predictors of social and work role functioning in patients with schizophrenia.*
- Van Meerten, N., Harris, J. I., **Nienow**, T., Hegeman, B., Sherburne, A., Winskowski, A., & Sponheim, S. *Cost effectiveness of psychosocial rehabilitation at a VA medical center.*

Manuscripts in Preparation

- Nienow**, T. M., Hart, A. M., & Bailey, M. Accessibility and utilization of family psychoeducation services.

Rhinewine, J. P., **Nienow**, T. M., & Docherty, N. M. *Abnormality of self-descriptions in schizophrenia patients and their first-degree relatives.*

Nienow, T. M., Docherty, N. M., Dinzeo, T. J., & Cohen, A. S. *Prediction of affect recognition from neurocognitive functioning and symptom severity in patients with schizophrenia.*

Nienow, T. M., Docherty, N. M., Dinzeo, T. J., & Cohen, A. S. *Neurocognitive and social-cognitive contributions to functional outcome in patients with schizophrenia.*

Poster Presentations

Nienow, T. M., Hart, A. M., Rodgers, M., Leyderman, M. & Schwartz, C. (2011, September). *Effectiveness of Multiple Family Group Therapy for Schizophrenia and Bipolar Disorder – 12 Month Outcomes.* Poster presented at the Society for Research in Psychopathology, Boston, MA.

Nienow, T. M., Hart, A. M., Rodgers, M., Bailey, M., & Leyderman, M. (2010, October). *Effectiveness of Multiple Family Group Therapy for Schizophrenia and Bipolar Disorder – 6 Month Outcomes.* Poster presented at the Society for Research in Psychopathology, Seattle, WA.

Nienow, T. M. & Hart, A. (2009, September). *Associations between patient and family characteristics and participation in family psychoeducation.* Poster presented at the Society for Research in Psychopathology, Minneapolis, MN

Van Meerten, N., Harris, J. I., **Nienow**, T., Hegeman, B., Sherburne, A., Winskowski, A., & Sponheim, S. (2009, August). *Cost effectiveness of psychosocial rehabilitation at a VA medical center.* Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Canada.

Nienow, T. M. Moradi, S., & Nuechterlein, K. H. (2007, October). *Theory of mind and neurocognitive predictors of social competence in schizophrenia.* Poster presented at the Society for Research in Psychopathology, Iowa City, IA.

Cohen, A. S., Minor, K., Alpert, M. **Nienow**, T. M., Dinzeo, T., & Docherty, N. M. (2007, March). *Computerized measurement of negative symptoms in schizophrenia.* Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.

Nienow, T. M., Moradi, S., & Nuechterlein, K. H. (2007, March). *Contribution of theory of mind and executive functions to social functioning in schizophrenia.* Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.

Moelter, S., Moberg, P., **Nienow**, T., Gur, R., & Turetsky, B. (2007, March). *Formal thought disorder and N400 repetition effects during list learning in schizophrenia*. Poster presented at the University of Pennsylvania Scholar Day, Philadelphia, PA.

Nienow, T. M., Subotnik, K. L., Horan, W. P., Ventura, J., & Nuechterlein, K. H. (2006, October). *Role functioning in schizophrenia: Contributions of cognition, thought disorder, and negative symptom severity*. Poster presented at the Society for Research in Psychopathology, San Diego, CA.

Nienow, T. M., Docherty, N. M., Dinzeo, T. J., & Cohen, A. S. (2006, May). *Neurocognitive and social-cognitive contributions to functional outcome in patients with schizophrenia*. Poster presented at the Annual Meeting of the Society of Biological Psychiatry, Toronto, Canada.

Borghei, S., Belcher, A., Dodson, L., Dreher, K., Kreitz, U., Kushman, L., **Nienow**, T., Shokat-Fadai, K., Eckman, T. A., Green, M. F., & Sergi, M. J. (2006, April). *Neurocognitive prediction of sobriety knowledge acquisition in persons with schizophrenia*. Poster presented at the Annual Meeting of the Western Psychological Association, Palm Springs, CA.

Nienow, T. M., Docherty, N. M., Dinzeo, T. J., & Cohen, A. S. (2005, October). *Neurocognitive and social-cognitive contributions to functional outcome in patients with schizophrenia*. Poster presented at the Society for Research in Psychopathology, Coral Gables, FL.

Nienow, T., Docherty, N., Cohen, A., & Dinzeo, T. (2005, April). *Contributions of neurocognitive functioning and symptomatology to emotion recognition performance in patients with schizophrenia*. Poster presented at the International Congress on Schizophrenia Research, Savannah, GA.

Cohen, A. S., **Nienow**, T. M., Dinzeo, T. J., & Docherty, N. M. (2005, April). *Misinterpreted facial emotions, symptoms, and social functioning in schizophrenia*. Poster presented at the International Congress on Schizophrenia Research, Savannah, GA.

Nienow, T. M., Docherty, N. M., Dinzeo, T. J., & Cohen, A. S. (2004, October). *Neurocognitive predictors of social competence in patients with schizophrenia*. Poster presented at the Society for Research in Psychopathology, St. Louis, MO.

Dinzeo, T. J., **Nienow**, T. M., Cohen, A. S., & Docherty, N. M. (2004, October). *Emotional arousability and social functioning in schizophrenia*. Poster presented at the Society for Research in Psychopathology, St. Louis, MO.

Cohen, A. S., Dinzeo, T. J., **Nienow**, T. M., & Docherty, N. M. (2004, October). *Diminished emotionality in schizophrenia*. Poster presented at the Society for Research in Psychopathology, St. Louis, MO.

- Dinzeo, T. J., **Nienow**, T. M., Cohen, A. S., & Docherty, N. M. (2003, October). *Temperament and stress response in schizophrenia*. Poster presented at the Society for Research in Psychopathology, Toronto, Canada.
- Nienow**, T. M., Cohen, A. S., Dinzeo, T. J., & Docherty, N. M. (2003, October). *Associations between neurocognitive functioning and affect recognition in schizophrenia*. Poster presented at the Society for Research in Psychopathology, Toronto, Canada.
- Rhinewine, J. P., **Nienow**, T. M., & Docherty, N. M. (2003, October). *Sense of self in schizophrenia patients and their first-degree relatives*. Poster presented at the Society for Research in Psychopathology, Toronto, Canada.
- Docherty, N. M., Cohen, A. S., **Nienow**, T. M., Dinzeo, T. J., Dangelmaier, R. E., & James, S. (2003, March). *Stability of schizophrenic referential communication disturbances over time and across changes in clinical state*. Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
- Nienow**, T. M., Armelie, A., Cohen, A. S., & Docherty, N. M. (2003, March). *Source monitoring and communication disturbance in patients with schizophrenia*. Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
- Docherty, N. M., **Nienow**, T. M., Cohen, A. S., & Dinzeo, T. J. (2002, September). *Formal thought disorder, referential communication disturbances, and psychosis over time*. Poster presented at the Society for Research in Psychopathology, San Francisco, CA.
- Docherty, N. M., Cohen, A. S., **Nienow**, T. M., & James, S. S. (2001, November). *Affective reactivity and the Deficit syndrome*. Poster presented at the Society for Research in Psychopathology, Madison, WI.
- Nienow**, T. M., & Crowther, J. H. (2001, August). *Impact of therapist-client gender match on psychotherapy outcome*. Poster presented at the American Psychological Association, San Francisco, CA.
- Nienow**, T. M., & Docherty, N. M. (2001, May). *Source monitoring accuracy and decision bias in outpatients with schizophrenia*. Poster presented at the International Congress on Schizophrenia Research, Whistler, Canada.
- Docherty, N. M., **Nienow**, T. M., Rhinewine, J. P., & Dangelmaier, R. (2000, November). *Referential communication disturbances in stable schizophrenia patients and their nonschizophrenic siblings*. Poster presented at the Society for Research in Psychopathology, Boulder, CO.

- Cohen, A. S., **Nienow**, T. M., Rhinewine, J. P., Gordinier, S. W., & Docherty, N. M. (1999, November). *Deficit syndrome versus negative symptoms: Neuropsychological impairment in schizophrenia*. Poster presented at the Society for Research in Psychopathology, Montreal, Canada.
- Charbonnier, D. R., Turetsky, B. I., **Nienow**, T. M., & Gur, R. E. (1998, July). *ERP correlates of global versus local processing in healthy adults*. Poster presented at the International Conference on Event-Related Potentials of the Brain, Cambridge, MA.
- Charbonnier, D. R., Turetsky, B. I., **Nienow**, T. M., & Gur, R. E. (1998, May). *ERP correlates of global versus local processing in schizophrenia*. Poster presented at the Society of Biological Psychiatry Annual Meeting, Toronto, Canada.
- Turetsky, B. I., **Nienow**, T. M., & Gur, R. E. (1998, May). *ERP correlates of verbal learning and memory processes in schizophrenia*. Paper presented at the Society of Biological Psychiatry Annual Meeting, Toronto, Canada.
- Turetsky, B. I., **Nienow**, T. M., & Gur, R. E. (1998, May). *Lateralized P300 responses to novel stimuli in patients with schizophrenia*. Poster presented at the Society of Biological Psychiatry Annual Meeting, Toronto, Canada.
- Nienow**, T. M., & Sheldon, P. E. (1998, February). *The relationship of pain to concentration ability and distraction*. Poster presented at the Annual Conference of the Eastern Psychological Association, Boston, MA.
- Mozley, P. D., Gur, R. C., Swanson, C. L., Turetsky, B. I., Gur, R. E., **Nienow**, T., & Alavi, A. (1997). *ECD SPECT demonstrates that dopaminergic drugs affect cerebral blood flow in healthy volunteers*. Poster presented at the Society of Nuclear Medicine Annual Meeting, San Antonio, TX.
- Turetsky, B. I., Moberg, P. J., **Nienow**, T. M., Doty, R. L., Gur, R. C., & Gur, R. E. (1997, May). *Olfactory dysfunction in schizophrenia: Relationship to ERP abnormalities*. Poster presented at the International Congress on Schizophrenia Research, Colorado Springs, CO.
- Swanson, C. L., Moberg, P. J., Turetsky, B. I., Mozley, D., **Nienow**, T. M., Doty, R. L., Gur, R. C., & Gur, R. E. (1997). *Effects of acute administration of haloperidol and methylphenidate on olfactory performance*. Poster presented at American Chemical Senses, San Diego, CA.
- Lebow, B. S., Grove, W. M., Clementz, B. A., **Nienow**, T. M., & Meehl, P. E. (1995, October). *Structure of schizotypal personality characteristics in the relatives of schizophrenic probands*. Poster presented at the Society for Research in Psychopathology, Iowa City, IA.